Comprehensive diabetes management platform

Data aggregation with advanced analytics drives personalized management

SELF-MANAGEMENT TOOLS FOR INDIVIDUALS

POPULATION ANALYTICS FOR CARE TEAM

CLINICAL ANALYTICS FOR PROVIDERS
**Mr. Jake Boxer**

**PATIENT INFORMATION**

- **Full Name**: Mr. Jake Boxer
- **Date of Birth**: 1961-07-14 (55y)
- **Gender**: Male
- **Patient ID**: 3772357

**COMPREHENSIVE DIABETES CARE**

- **Type**: Type 2
- **Allergies**: Cephalosporins
- **Screenings**
  - Last Foot: Nov 28, 2016 Abnormal
  - Last Urine: None
  - Last Creatinine: Nov 06, 2016 0.8
  - Last Eye: None
- **Medications**
  - **Statin**: None
  - **ACE-I/ARB**: None
  - **Aspirin**: None

**WELLBEING SCORE**

- **Score**: 72
- **Details**: See how we calculate this score

- **A1C**: 6.7
- **BMI**: 25.0
- **LDL**: 89
- **BP**: 115/77
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<tr>
<th>Date</th>
<th>Early</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
<th>Bedtime</th>
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Medication Modeling

Calculated A1c 6.78

Modeling Instructions

Please refer to the following instructions for modeling patient data. Modeling Instructions

Targets

- Pre-meal: 80-120 mg/dL
- Post-meal: 80-140 mg/dL
- Hypo: 50 mg/dL

Practice Guidelines
Use the following form to create a specialized care plan for the patient. Upon saving, the Care Plan can be printed and emailed to the patient.

**Medications**

**Breakfast**
- Long-Acting: 2 tabs metFORMIN XR (Oral Pill) 500 mg

**Snack**
- Long-Acting: 4 units LANTUS (Injectable) 100 unit/ml [New]

**Monitor Glucose**
- Fasting Glucose (Check your glucose in the morning before breakfast.)
- Fasting & Bedtime (Check your glucose in the morning before breakfast and at bedtime.)
- Before Meals (Check your glucose before meals.)
- Before & After Meals (Check your glucose before and after meals.)
- Before & After Meals & Midnight (Check your glucose before & after meals and between 2-3 am to check for nocturnal hypoglycemia.)

**Exercise**
- Cardio (Try to get at least 150 minutes of moderate exercise per week.)
- Strength (Try to participate in resistance or strength training twice weekly.)
Nutrition Tracking

- Carbohydrates (Record how many grams of carbohydrates you eat at each meal and snack.)
- Calories (Record how many calories you eat at each meal and snack.)
- All (Keep a log of everything you eat and drink.)

Tests and vaccines we did today
- A1C
- Flu
- Pneumonia

You Are Due for These Screenings
- Eye Exam (Remember to get your dilated eye exam.)
- Dental (Remember to get your teeth cleaned.)

Follow-Up
- 2 weeks (Schedule your next appointment for 2 weeks from today.)
- 4 weeks (Schedule your next appointment for 4 weeks from today.)
- 6 weeks (Schedule your next appointment for 6 weeks from today.)
- 8 weeks (Schedule your next appointment for 8 weeks from today.)
- 3 months (Schedule your next appointment for 3 months from today.)
- 6 months (Schedule your next appointment for 6 months from today.)
Follow-up:

- 2 weeks (Schedule your next appointment for 2 weeks from today.)
- 4 weeks (Schedule your next appointment for 4 weeks from today.)
- 6 weeks (Schedule your next appointment for 6 weeks from today.)
- 8 weeks (Schedule your next appointment for 8 weeks from today.)
- 3 months (Schedule your next appointment for 3 months from today.)
- 6 months (Schedule your next appointment for 6 months from today.)

Additional Directions:

Keep up the good work walking after dinner! We will follow your glucose values over the next few days as you start the lantus insulin and will send a message if we need to make any changes. Call us with any problems!

Append to Care Plan:

- Checking Your Glucose
- Managing Diabetes When You Are Sick
- Preventing and Managing Hyperglycemia
- Preventing and Managing Hypoglycemia
- Traveling with Diabetes

SAVE or start new model
The information provided below is in the electronic medical record. If you believe any data is incorrect, please notify the office.

**Jake Boxer**

**Current Medications**

- Your pharmacy may make changes, so be sure to ask your pharmacist for exact medication instructions.

Refill/Renew

No information recorded

**Immunizations**

No immunizations recorded

**Current Allergies**

 cephalosporins  

Date Identified: 2001
Authorization Needed

I, Boxer, Jake P, (Not you? Sign out) request that VISN_MO USPres share the following health information with Diabetes+Me.

VISN_MO USPres will share this information until I log out:
- medications

View full list of information.

I, as the authorized representative, am allowing access to the records of:
- Boxer, Jake P (Self, 55)

Expecting different people?

☐ Please email me a copy of this authorization.

Clicking Deny will not impact treatment, payments for treatment, enrollment, or eligibility for benefits at VISN_MO USPres.

Authorize  Deny

You've approved this authorization, returning you to Diabetes+Me.

If this doesn't load, click here to try again.

If Diabetes+Me still doesn't load, please contact Hospital Record Administration Support:
Patient Engagement and Support

Data aggregation & insights
Education
Messaging and care plan from HCP
Mr. Jake Boxer

BMI: 27.0
A1C: -

Enter all the diabetes medications you are currently taking. You should take your medications as prescribed by your doctor. If you do not take your medication as prescribed, enter your medications as you take them most days and let your doctor know.

Add a new medication
Click here to add new medication

Current Medications | Old Medications

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<tr>
<th>Medications</th>
<th>Dosage</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
<th>Snack</th>
<th>Non-Diabetic</th>
</tr>
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<tr>
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Added on: Feb 20, 2017, 9:46 a.m.

For more information about anti-diabetic medications including dosing guidelines and contraindications, visit MedlinePlus.
Proven Efficacy and Adoption

3X A1c

$300 Expense

1/3 Cost
Roadmap

COPD
DIABETES
CHF
CAD

rimidi
rimidi
rimidi
rimidi
rimidi
rimidi

Chrome
Dexcom
Bluetooth
BodyTrace
common sensing

DavidJ@HL7.org
Welcome! Please visit the beta version of our new gallery website at https://apps.smarthealthit.org!

Rimidi Diabetes+Me Private

Author: Rimidi
Website: www.diabetesplusme.com
Last Update: Friday, February 24, 2017
Tags: Diabetes, Medications, Clinical Care, Patient Education, Clinical Decision Support

Try It

App Description

Related Apps